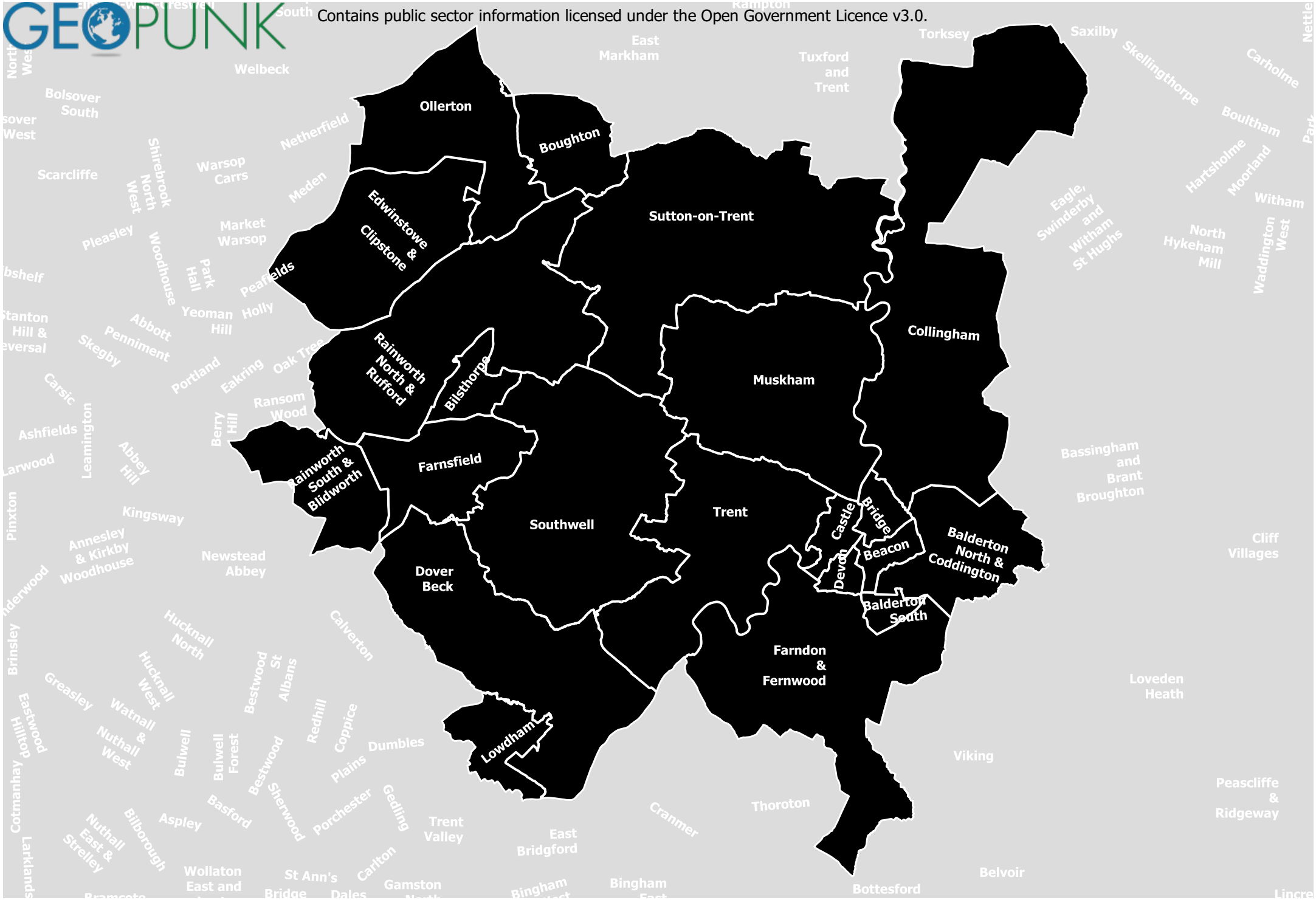Wards within Newark and Sherwood District